Colours in the Dark

A film by Sophie Heldman
SYNOPSIS

Anita and Fred have been a couple for 50 years, and happily married for nearly as long. They have two grown children, and their grandchildren are finishing school. Both can look back at a fulfilling past, but their lives are still rich and vibrant. The fact that Fred is terribly ill has been hidden from the family. For the first time in all these years, Fred takes some liberties, which his wife interprets as an affront. Never before has she felt so abandoned. Although she starts to question her relationship, a love like theirs cannot end so easily. Indeed it should never end...

THE DIRECTOR

Sophie Heldman was born in Hamburg in 1973 to a Mexican mother and a German father. In 1976 her family moved to Switzerland, where she grew up. In 1993 she moved to New York to work as a locations manager on independent feature films. In 1996 she returned to Europe to study directing at the German Film and Television Academy (dffb) in Berlin. In addition she took classes in directing actors at the Tisch School of Arts, NYU. During her student years she worked on a number of feature films as first and second assistant director, working with directors including Sydney Pollack, Stina Werenfels, Xavier Koller and Daniel Schmid. Sophie Heldman’s student short film “Icke” was nominated for Best Short Film at the Film Festival Max-Ophüls-Preis and was shown at several other Festivals. Sophie Heldman lives in Berlin. “Colours in the Dark” is her first feature film.